

# Newham Grange Country Farm to Hemlington Lake & Circular of Lake

Hemlington Lake has recently received large amounts of funding to improve the area, and is a valuable asset to Middlesbrough in terms of open space, recreation and leisure. National Cycle Network route 65 (NCN65) runs along the Southern banks of the lake, and can be followed from Coulby Newham in order to reach the lake.

Approximate Route Duration: 1 1/2 miles to lake (10 minutes) • 1 mile circular route of lake (10 minutes)

Circular Route (farm to farm) 4 miles (30 minutes)



## DESCRIPTION:

- Starting from the entrance to the farm, head West on the cycle track, bearing right at the fork in the path and continuing West. At the next junction, turn left and follow the cycle path. You are now travelling on NCN65.
- The route is well signed as NCN65 from here to Hemlington lake, but to make sure you are on the right course look out for the following: Cross Newham Way, pass Sunnyside Primary School, Cross Manor Farm Way and Sunnyside, Turn right upon reaching Kings Academy school field, head under the B1365 underpass, cross Aviemore Road, pass the play park and pass under Cass House Road.
- At the Lake, why not visit the Recreation Centre by taking a left turn up the cycle

path and road just before the Chinese style bridge? The recreation Centre boasts a wide range of facilities including; Activity Hall, changing Rooms, Bouncy Castle & Adventure Room, Sunbed, 'The Gym' - Fitness Room, Various Activities and Classes for children and babies and fitness classes for adults.

- Whilst you are here why not take a trip around the Lake? The lake is host to a wide variety of wildlife, including kingfishers, mute swans, tufted and ruddy ducks and many seasonal visitors as well as a thriving population of watervoles, Britain's fastest declining mammal.
- Continue along the bank of the lake until reaching the Western end of the lake. Here, take a right turn, and follow the North bank

of the lake. Follow this cycle path all the way along until reaching the turn off the Hemlington shops.

- Carry on past this turn off, and head along the tarmac path around Crosscliff. Use the bridge which goes over the top of the beck, turning right, head back along to the Recreation Centre turn off. To head back to the farm, turn left after crossing the bridge and follow reversed directions.
- A range of maps of routes between Pallister Park and Hemlington Lake via Stewart Park and Newham Grange Country Farm can be found at Pallister Park, Stewart Park visitors Centre, Newham Grange Country Farm and Hemlington Recreation Centre.

For more information about any of the above, visit [www.middlesbrough.gov.uk](http://www.middlesbrough.gov.uk) or phone:  
Pallister Park 01642 515683  
Stewart Park 01642 577325  
Newham Grange Country Farm 01642 577325  
Hemlington Recreation Centre 01642 596546 or 515680

middlesbrough  
cycle routes





















# Map 1 of 3

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### Key

-  Route direction
-  Advisory Cycle Route
-  Signed Cycle Route
-  Traffic-free Cycle Path
-  Rough Bridleway
-  Footpath
-  On Carriage Cycle Lane
-  Bus Lane
-  National Cycle Network
-  Pelican Crossing
-  Toucan Crossing
-  School
-  College
-  Hospital
-  Library
-  Place of Worship
-  Cycle Parking
-  Cycle Centre (free secure cycle parking)



0 Miles

1

0 Kilometres

1

2

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