

# TOP TIPS

For working with children and young people. Provided by children and young people at Gleneagles, Rosecroft and Holly Lodge

Be reliable

Praise us when appropriate

Be patient, allow us to be as independent as possible

Never give up on us, even when it seems frustrating

Show you care, take time to understand us

Always encourage and allow us to have our say

If a child is in a wheelchair, go down to their level, don't talk down to us

Set boundaries and routines

Make time quality, time and get to know us

Know us well and allow us to get to know you

Show empathy

Build resilience in both yourself and develop this in the young people

Always provide a child with an exit (during a challenge or difficult situation)

Talking to them by using the correct communication methods and at level of the young person's understanding

Create a sense of belonging

Good sense of humour